hey guya!

have some exiting news... i am starting a podeast! my podeast is how to deal with anxiety for teens tweens. no that is not the name but its the, you know what i'm talking about ... so i will take ideas! (please) the reason for this is because i have very bad anxiety tif you know me you probably know that i want to help others with their real problems. The you know me you probably know that i want to help others with their real problems. not just random things like my oven won't work i know people hate that don't say you don't not just random things like my oven won't work i know people hate that don't say you don't cause that's a lie. (101) so to make sure i don't do that, fill in the chart below reposithis! hope i can help: ya'll are in my prayers."

name/username:

r, Stitch

podcast name idea:

what i have the most anxiety about: